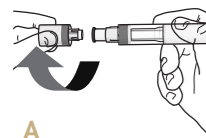
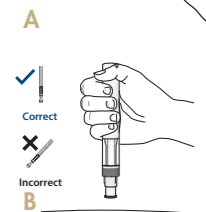


WHAT TO REMEMBER WHEN INJECTING

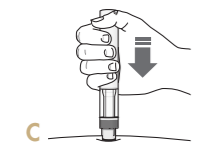
Before you begin, ensure you have read all of the Patient Information Leaflet supplied with your Erelzi®.PIL,p1 Before injecting, wash your hands well with soap and water.PIL,p19 Using a circular motion, clean the injection site with an alcohol wipe.PIL,p19 Leave it to dry before injecting.PIL,p19 Do not touch the cleaned area before injecting.PIL,p19



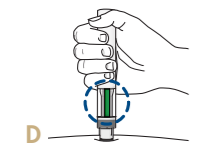
- Twist off the cap in the direction of the arrows^{PIL,p19} (see Figure A)
- Once removed, throw away the cap.^{PIL,p19} **Do not try to re-attach the cap**^{PIL,p19}
- Use the pen within 5 minutes of removing the cap^{PIL,p19}



- Hold the pen at **90°** to the cleaned injection site^{PIL,p20} (see Figure B)



- Press the pen firmly against the skin to start the injection.^{PIL,p20} Keep holding the pen firmly against your skin^{PIL,p20} (see Figure C)
- During injection you will hear two clicks^{PIL,p20}
 - First click: the injection has **started**^{PIL,p20}
 - Second click: the injection is **almost finished**^{PIL,p20}



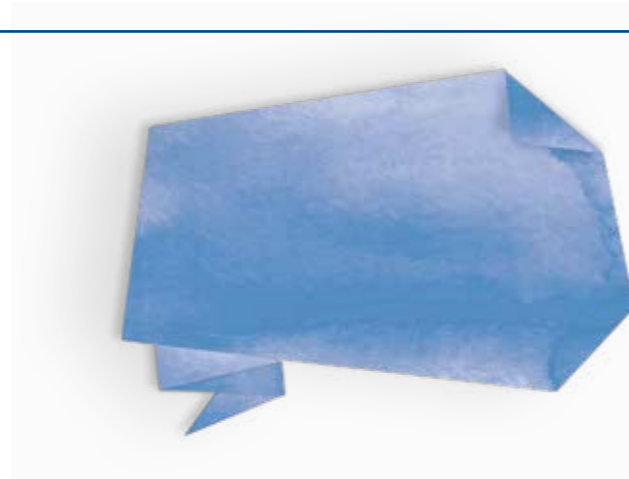
- The **green indicator** shows the progress of the injection^{PIL,p20}
- Listen for the second click.^{PIL,p21} This indicates the injection is almost complete^{PIL,p21} (see Figure D)
- Check that the **green indicator** fills the window and has stopped moving^{PIL,p21}
- The pen can now be removed^{PIL,p21}
- After injection, check that the green indicator fills the window.^{PIL,p21} This means the medicine has been delivered.^{PIL,p21} Contact your doctor if the green indicator is not visible^{PIL,p21}
- There may be a small amount of blood at the injection site.^{PIL,p21} You can press a cotton ball or gauze onto the injection site and hold it for 10 seconds.^{PIL,p21} Do not rub the injection site.^{PIL,p21} You may cover the injection site with a small adhesive bandage, if needed^{PIL,p21}



- Dispose of the used pen in a sharps container.^{PIL,p22} For your safety and health and that of others, pens must never be re-used^{PIL,p16} (see Figure E)
- Do not throw away any medicines via wastewater or household waste.^{PIL,p11} Ask your doctor or pharmacist how to throw away medicines you no longer use^{PIL,p11}

YOU ARE NOT ALONE

For more information and support please contact your healthcare provider and/or patient support nurse. You can also email Sandoz at medical.za@sandoz.com



Insert QR code
when supplied

Scan here to watch a self-injection demonstration video.

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^[S4]ERELZI® 25 mg (solution for injection). Reg. No.: 55/3.1/0392. Composition: Each pre-filled syringe contains 25 mg etanercept. ^[S4]ERELZI® 50 mg (solution for injection). Reg. No.: 55/3.1/0393. Composition: Each pre-filled syringe/pen contains 50 mg etanercept. Pharmacological Classification: A3.1 Anti-rheumatics (anti-inflammatory agents). For full prescribing information refer to the Sandoz Professional Information approved by the South African Health Products Regulatory Authority (SAHPRA).

Sandoz SA (Pty) Ltd, Reg. No. 1990/001979/07, Magwa Crescent West, Waterfall City, Jukskei View, Midrand, 2090. Tel: +27 (11) 347 6600. SANCAL Customer Call Centre: 0861 726 225. Reporting of AEs: <https://www.report.novartis.com> SAN.ERZ.2022.07.16

Reference: 1. Sandoz SA (Pty) Ltd. ERELZI®. Patient information leaflet. 26 January 2022.

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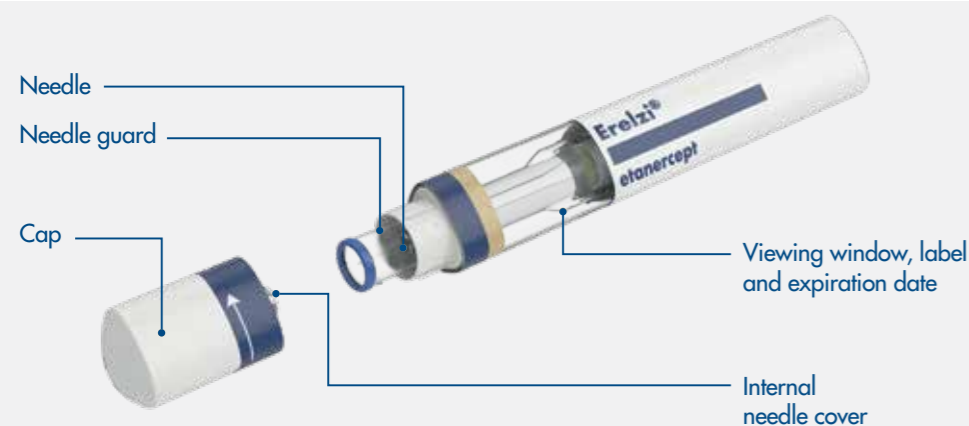
ERELZI® (ETANERCEPT)
SENSOREADY® PRE-FILLED PEN

SELF-INJECTION GUIDE

INJECTING WITH THE ERELZI[®] SENSOREADY[®] PEN

It is important not to try and inject yourself until you have been trained by your doctor, nurse or pharmacist.^{PIL,p16}

Read these instructions **before** injecting, as well as the Patient Information Leaflet provided with Erelzi[®].^{PIL,p16} They will help you to inject correctly using the Erelzi[®] SensoReady[®] pen.^{PIL,p16}



PIL,p17

It is important that you:

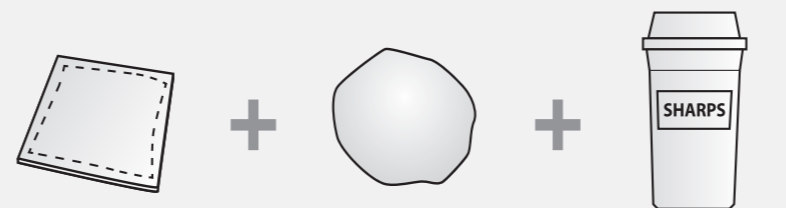
- **Do not remove** the cap until you are ready to inject.^{PIL,p19}
- Store the pen in a refrigerator between 2°C and 8°C.^{PIL,p17}
- Take the pen out of the refrigerator 15 to 30 minutes before injecting.^{PIL,p17}
- **Do not freeze** or shake the pen.^{PIL,p17}
- If you drop your pen, **do not use** it if it looks damaged, or if you dropped it with the cap removed.^{PIL,p17}
- Throw the pen away straight after use.^{PIL,p13} Do not throw away the used pen with your household waste.^{PIL,p16} **Do not re-use the pen.**^{PIL,p22}

WHAT YOU NEED



A new and unused Erelzi[®] SensoReady[®] pen

PIL,p17



Alcohol swab
(not included)

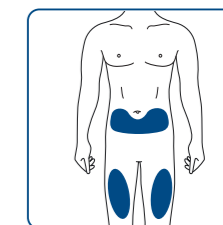
Cotton ball or gauze
(not included)

Sharps disposal
container
(not included)

PIL,p17

WHERE TO INJECT

- The recommended injection site is the front of your thighs.^{PIL,p18} You may also use the lower abdomen, but not the area 5 cm around your navel (belly button).^{PIL,p18}
- Choose a different site each time you give yourself an injection.^{PIL,p18}
- Do not inject into areas where the skin is tender, bruised, red, scaly, or hard.^{PIL,p18} Avoid areas with scars or stretch marks.^{PIL,p18} If you have psoriasis, you should **NOT** inject directly into areas with psoriasis plaques.^{PIL,p18}



Before injecting

- For a more comfortable injection, take your pen out of the refrigerator 15 to 30 minutes before injecting Erelzi[®].^{PIL,p17}
- Look through the viewing window.^{PIL,p17} The solution should be clear or slightly opalescent, colorless, or slightly yellowish.^{PIL,p17} It may contain small white or almost transparent particles of protein.^{PIL,p17} Do not use the solution if it is discolored, cloudy, or if particles other than those described above are present.^{PIL,p18}
- Look at the expiration date (EXP) on your pen.^{PIL,p18} Do not use your pen if the expiration date has passed.^{PIL,p18}
- Do not use if the safety seal has been broken.^{PIL,p18}